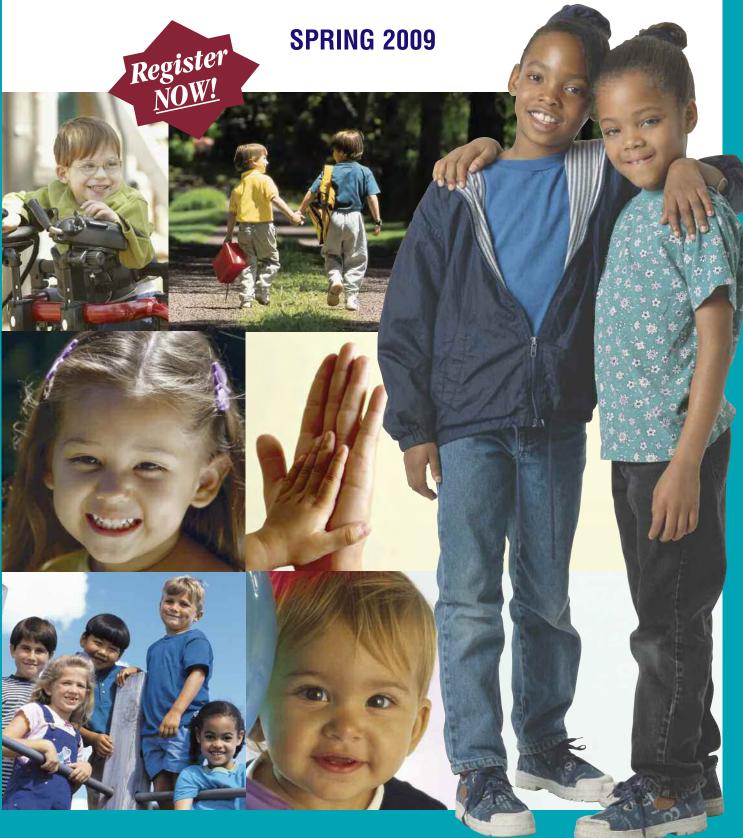
**Virginia Department of Social Services** 

MAI INDEPENDENT STUDY! Professional Development Catalog for Child Care Professionals





January 2009

Greetings and Happy New Year!

We invite you to take this opportunity to review and consider training courses for the spring. We are pleased to offer the following new courses:

## Preschool Physical Activities: Let's Get Them Moving!

This active course is designed for preschool physical activity. Encourage young children to become more physically active, which will help to promote continued healthy habits as they mature.

**Promoting Children's Success: Building Relationships and Creating Supportive Environments**This course will provide child care professionals more knowledge of the social and emotional development of preschool children ages three to five.

In addition to these, the Office of Early Childhood Development is offering four general interest courses and eight early childhood endorsement courses, all relevant to components of the Child Care Professional Development Career Lattice.

Other training opportunities may be found throughout Virginia communities. We encourage you to check the TIPS (Training Information for Provider Success) Calendar at <a href="http://www.dss.virginia.gov/family/cc\_providertrain/tips.cgi">http://www.dss.virginia.gov/family/cc\_providertrain/tips.cgi</a>. The information on this calendar is updated weekly.

The Office of Early Childhood Development is currently working on several initiatives designed to support increased quality of child care in Virginia. We recognize that child care professionals are a valuable support for working families, and we are pleased to work together with you to increase access for children and families to high quality early childhood development programs.

Many thanks for all that you do to provide quality child care in Virginia.

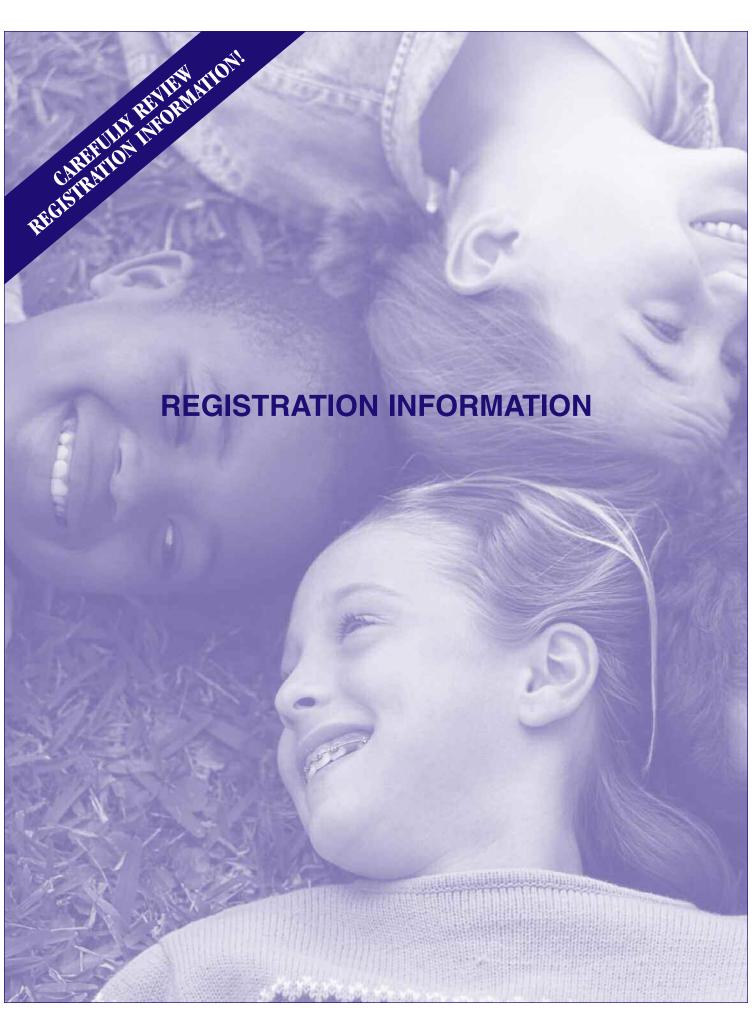
Sincerely,

Kathy Glaza

Kathy Glazer, Director Office of Early Childhood Development

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## Early/School-age Care and Education Professional Classes

## REGISTRATION INFORMATION PLEASE REVIEW CAREFULLY!

The Office of Early Childhood Development, a part of the Virginia Department of Social Services, provides classes throughout the Commonwealth of Virginia for early/school-age care and education professionals. This catalog includes the following:

- Classes for the Spring 2009 Semester including a pull-out calendar of classes by region
- Additional Educational Opportunities
- Virginia Professional Development Career Lattice pull-out document

The VDSS training catalog may also be viewed at <a href="http://www.dss.virginia.gov/family/cc/development\_catalog.cgi">http://www.dss.virginia.gov/family/cc/development\_catalog.cgi</a>. These classes are open to early/school-age care and education professionals from:

- Licensed child day centers
- · Religiously exempt child day centers
- · Certified preschools
- · Head Start programs
- · Licensed family day homes
- Family day homes approved by a family day system
- · Voluntarily registered family day homes
- Unregulated child care providers paid by local departments of social services
- Public school preschool programs
- Other early/school-age care and education professionals

## REGISTRATION PROCEDURES AND PAYMENT OPTIONS

## **General Information**

- Carefully review the catalog and the registration procedures and payment options.
- Use the fold-out of the Spring 2009 Calendar of Classes by Region to help locate classes in your area.
- Photocopy the VDSS Class Registration Form as needed and fully complete one (1) form per participant.
- Make a copy of the completed VDSS Class Registration Form for your records before you submit it.
- CCWA will mail class confirmation letters and directions once registrations have been received.
- If the class is filled or your registration arrives late, your payment will be returned to you.
- WE MUST RECEIVE REGISTRATION SEVEN (7) DAYS PRIOR TO THE CLASS DATE. No late registration will be accepted.
- A \$15 fee will be charged on checks returned for insufficient funds.
- Refreshments will no longer be provided.

## **Registration Options**

To Register for Classes by Mail

- Complete the VDSS Class Registration Form (one per participant).
- Make a copy of the completed VDSS Class Registration Form for your records before you mail it!
- Mail the form with your payment made payable to:

## **COMMUNITY COLLEGE WORKFORCE ALLIANCE (CCWA)**

ATTN: Child Care Classes (NR)

P.O. Box 85622

Richmond, VA 23285-5622

## Early/School-age Care and Education Professional Classes

## REGISTRATION INFORMATION PLEASE REVIEW CAREFULLY!

## To Register for Classes by Fax (Credit Card Payments Only!)

• Fax your completed Registration Form (credit card payment information must be completed) to: (804) 371-3414

## To Register ONLINE (Credit Card Payments Only!)

- GO TO www.ccwa.vccs.edu
- Click on: VDSS Child Care Training
- Select your class
- Complete the Online Registration Form (credit card payment information must be completed)
- Click Submit. (You will receive a confirmation that your registration has been received. This is NOT your confirmation to attend the class. CCWA will mail class confirmation letters and directions after registrations are processed.)

## **Attending Classes**

- You must bring your class confirmation letter to the class in order to be admitted and to receive a certificate.
- If you have not received a confirmation letter at least one week prior to the class date, please call the CCWA office at (804) 523-2298 or email VDSSclasses@ccwa.vccs.edu.
- Do not attend the class unless you receive a confirmation letter or verify with CCWA that you are registered.
- Walk-ins are NOT allowed. People who arrive at a class without pre-registering will not be admitted.
- If you are unable to attend or plan to send a substitute in your place, please call the CCWA office as soon as possible at (804) 523-2298.
- **Be on time**. Review directions and a map in advance to avoid getting lost. Hours will be reduced on the training certificate if you arrive late or leave early.
- Children are NOT allowed at VDSS classes. Participants bringing children will not be admitted.

### Refunds

Participants may withdraw up to five business days before the class is scheduled to begin and receive a refund. No refunds are provided after this time. **To withdraw from a class, you must notify CCWA in writing**. Refund checks come from the Virginia State Treasury office and generally **will take six weeks to process**.

## **Cancelled Classes**

Each class is offered on the condition of adequate enrollment; VDSS and CCWA reserve the right to cancel or discontinue any class because of low enrollment or for other reasons deemed sufficient. VDSS and CCWA reserve the right to make the necessary changes in this schedule that may be dictated by enrollment, personnel requirements, or availability of facilities. If a class is cancelled by VDSS or CCWA, a credit will be issued toward a future class.

## Continuing Education Units (CEUs)

In addition to the clock hours you will earn for each class, all VDSS early/school-age care and education professional classes now offer CEUs. The number of CEUs awarded depends upon successful class completion and varies according to class length. 0.1 CEU is awarded for each hour of actual instruction (e.g., a 4-hour class = 0.4 CEUs).

The Community College Workforce Alliance (CCWA) is a partnership between J. Sargeant Reynolds Community College and John Tyler Community College to serve the workforce and economic development needs of the region.

## **TRAINING CLASSES AND FEES FOR SPRING 2009**

TOPIC/TITLE	COURSE Number	FEES PER Person	PAGE Number
Ages and Stages of Development of Preschoolers Ages Three to Five (4 hours)	CHLD 2002	\$10.00	Page 12
Beyond Babble: Exploring Early Language Development (4 hours)	CHLD 2018	\$10.00	Page 12
Building Blocks for Healthy Active Children: Nutrition and Physical Activity (4 hours)	HLTH 2154	\$10.00	Page 13
Child Abuse and Neglect: Recognition and Reporting (4 hours)	CHLD 2015	\$10.00	Page 14
Creating an Age-Appropriate Learning Environment for Preschoolers (4 hours)	CHLD 2003	\$10.00	Page 14
Growing Wild with Your Class (6 hours)	CHLD 2020	\$25.00	Page 15
Guiding the Behaviors of Preschool Children Ages Three to Five (4 hours)	CHLD 2005	\$10.00	Page 15
Health Screening for Child Care Professionals (4 hours)	CHLD 2016	\$10.00	Page 16
Planning Age and Stage Appropriate Activities for Preschoolers (4 hours)	CHLD 2004	\$10.00	Page 16
Preschool Physical Activities: Let's Get Them Moving! (4 hours)	HLTH 2155	\$10.00	Page 17
Promoting Children's Success: Building Relationships and Creating Supportive Environments (5 hours)	CHLD 2024	\$10.00	Page 18
Understanding Temperaments to Help Infants and Toddlers Learn and Develop (4 hours)	CHLD 2017	\$10.00	Page 19
Virginia's Milestones of Child Development (6 hours)	HLTH 2138	\$25.00	Page 20
Working with Children with Attention Deficit Hyperactivity Disorder (ADHD) (6 hours)	HLTH 2156	\$25.00	Page 21

## THIS FORM CANNOT BE SUBMITTED ELECTRONICALLY FROM THE VDSS WEB SITE. FILL OUT, PRINT AND MAIL OR FAX TO CCWA.

You can either print a copy of the blank form and hand write in the requested information, or you can type the requested information directly into the Registration Form and print it. You cannot save data typed into this form. Mail or fax the completed form(s) to CCWA as directed at the bottom of the form.

## **VDSS CLASS REGISTRATION FORM** Name: Last: \_\_\_\_ \_\_\_\_\_ First: \_\_\_\_\_ Full Middle: \_\_\_\_\_ \_\_\_\_\_ Day: \_\_\_ Gender: 🔲 Male 🔲 Female Year: \_\_\_ Date of Birth: Month: \_\_\_\_ Have you ever attended or been employed by a Virginia community college? $\square$ Yes $\square$ No If yes, please provide your EMPLID: What is your current citizenship status with the United States? ☐ Not in the United States ☐ I am requesting visa status Residency status: Alien Permanent Alien Temporary Naturalized Is English your native language? ☐ Yes ☐ No Racial / ethnic group (optional): American Indian Asian or Pacific Islander Black Hispanic White Other: \_\_\_ Home phone: ( \_\_\_\_\_ ) \_\_\_\_ E-mail address: \_ Home address: \_\_\_\_\_ State: \_\_\_\_ \_\_\_\_\_ Zip: \_\_\_\_\_ City or county of residence: \_\_\_ Employer business name: \_\_\_ Employer business phone: ( \_\_\_\_\_\_ ) \_\_\_\_\_\_\_, extension: \_\_\_\_\_\_ Business fax: ( \_\_\_\_\_\_ ) \_\_\_\_\_ \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Employer business address: \_\_\_ Please enroll me in the following early/school-age care and education professional class(es): Course Number Registration No. Course Title Location Payment Information ☐ Check (make payable to CCWA) ☐ Credit Card ☐ Visa ☐ MasterCard Credit card #: \_\_\_\_\_\_ Expiration date: \_\_\_\_\_ Cardholder's name (please print): Agency / corporate card? No Yes Employer name: \*Participant's Social Security number: \_\_\_\_\_ - \_\_\_ **Mail** the form with your payment made payable to: Community College Workforce Alliance (CCWA)

ATTN: Child Care Classes (NR)

P.O. Box 85622

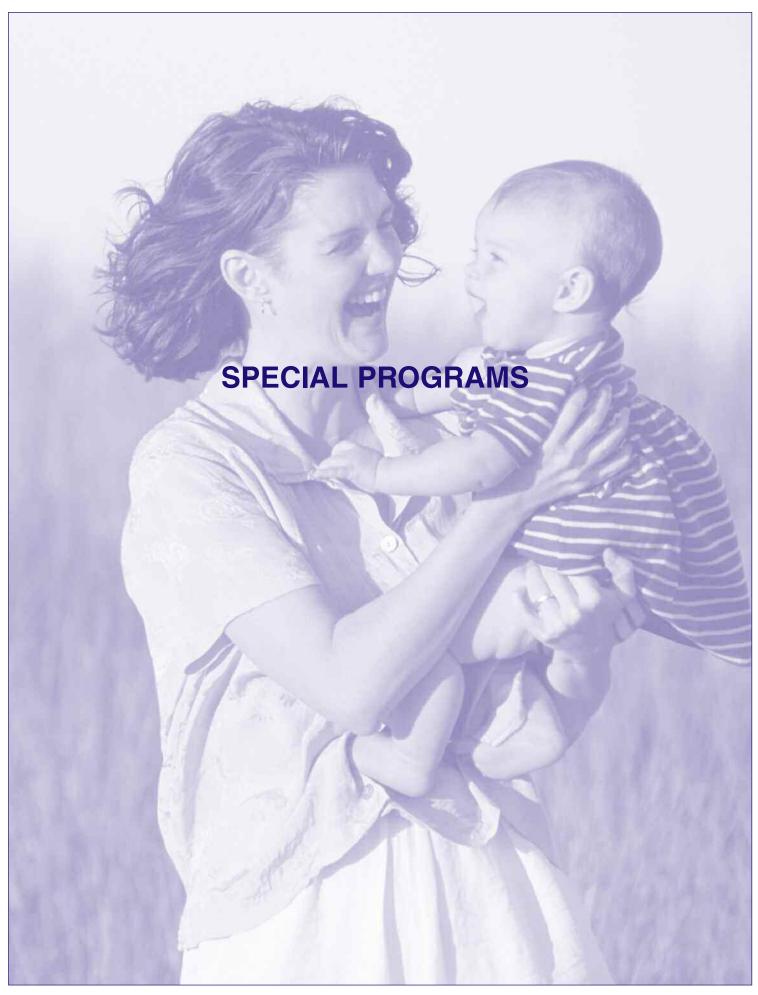
Richmond, VA 23285-5622

Fax this form with credit card information to: (804) 371-3414.

For questions, please call CCWA at (804) 523-2298 or email VDSSclasses@ccwa.vccs.edu. To view the catalog, visit the Virginia Department of Social Services Web site at http://www.dss.virginia.gov/family/cc/development\_catalog.cgi.

\*SSN is required in order to register per Section 6050S of the Restructuring and Reform Act of 1998. The VCCS will only use your social security number in accordance with federal and state reporting requirements, and for identification and research purposes within the VCCS. It shall not permit further disclosure unless required or authorized by the Family Educational Rights and Privacy Act of 1974, 20 U.S.C. Code 1232G, or pursuant to your obtained consent.

NOTES:	



## VIRGINIA DEPARTMENT OF SOCIAL SERVICES (VDSS) EARLY CHILDHOOD ENDORSEMENT PROGRAM (ECEP)

In order to meet the need for highly qualified early childhood and child care providers, the Virginia Department of Social Services (VDSS) has offered training on the care, development, health, and safety of young children for many years. In recognition of the increased need for more structured early childhood professional development options, the Office of Early Childhood Development, a part of the Virginia Department of Social Services, has established the Early Childhood Endorsement Program (ECEP). This program is designed to provide a comprehensive foundation of knowledge for working with children of specific ages.

The ECEP is a collaboration between the Office of Early Childhood Development, the Virginia Community College System (VCCS), and the Community College Workforce Alliance (CCWA).

The VDSS Early Childhood Endorsement Program provides two options: the Infant and Toddler Endorsement and the Preschool Endorsement. The ECEP consists of courses offered regularly by VDSS that have been enhanced with project work and assessment tools. All ECEP courses are taught by CCWA adjunct faculty.

## To Participate

Individuals who participate in the VDSS Early Childhood Endorsement Program (Infant and Toddler Endorsement or Preschool Endorsement) must:

- Register to attend component courses as outlined on page 9.
- Attend all required courses.
- Receive written and project assessments from the instructor at the end of each class (15-30 minutes).
- Complete all written and project assessments.
- Submit completed assessments for each ECEP course to VDSS for grading.
- Receive a passing score for each required course to receive the VDSS Early Childhood Endorsement.

Early childhood and child care professionals who are successful will receive the VDSS Early Childhood Endorsement and will be eligible to apply for three college credits.

## **College Credit**

Upon completion of either of the Early Childhood Endorsements (Infant and Toddler or Preschool), participants may choose to apply for college credit. To be eligible to apply for college credit, individuals must:

- 1. Keep all materials included in the program (participant handouts and texts, and all completed, graded assessments and projects) in a portfolio for future review. Information on developing and submitting a portfolio for review to receive college credit will be distributed to successful candidates with the awarding of the VDSS ECEP Certificate of Completion.
- 2. Achieve a grade-point-average (GPA) of 2.0/C or better on all class materials submitted for the ECEP.

Registration information and forms can be found in this catalog on pages 2 - 5 or online at: http://www.dss.virginia.gov/redirect/?83.

## **VDSS EARLY CHILDHOOD ENDORSEMENT PROGRAM (ECEP)**

## I. Infant and Toddler Endorsement (ECEP-IT)

The ECEP – IT consists of the following 12 courses. Each course will be offered once per year as outlined below:

## **Each Spring**

Beyond Babble: Exploring Early Language Development (pg 12) Child Abuse and Neglect: Recognition and Reporting (pg 14) Health Screening for Child Care Professionals (pg 16)

Understanding Temperaments to Help Infants and Toddlers Learn and Develop (pg 19)

## **Each Fall**

Part 1 - Ages and Stages of Development for Infants and Toddlers

Part 2 - Creating an Appropriate Learning Environment for Infants and Toddlers

Part 3 - Planning Activities for Infants and Toddlers

Part 4 - Guiding the Behaviors of Infants and Toddlers

Nurturing Productive Partnerships with Parents

Observation and Recording: It's Not Always Obvious

Preventing Injuries in the Child Care Environment

## **Self-Study**

Early Childhood Theorists

(For registration information contact: ecep@dss.virginia.gov or (804) 726-7468.)

## II. Preschool Endorsement (ECEP-PS)

The ECEP – PS consists of the following 12 courses. Each course will be offered once per year as outlined below:

## **Each Spring**

Part 1 - Ages and Stages of Development of Preschoolers Ages Three to Five (pg 12)

Part 2 - Creating an Age Appropriate Learning Environment for Preschoolers (pg 14)

Part 3 - Planning Age and Stage Appropriate Activities for Preschoolers (pg 16)

Part 4 - Guiding the Behaviors of Preschool Children Ages Three to Five (pg 15)

Child Abuse and Neglect: Recognition and Reporting (pg 14)

Health Screening for Child Care Professionals (pg 16)

## **Each Fall**

Every Teacher is a Brain Surgeon - Exploring Brain Development - Part 1 Nurturing Productive Partnerships with Parents Observation and Recording: It's Not Always Obvious Preventing Injuries in the Child Care Environment Reframing Discipline Part 1: From Stopping Misbehavior to Teaching Skills

## **Self-Study**

Early Childhood Theorists

(For registration information contact: <u>ecep@dss.virginia.gov</u> or (804) 726-7468.)

## **Registration Information**

Registration information and forms may be found in this catalog on pages 2 - 5 or online at: http://www.dss.virginia.gov/redirect/?83.

## **Additional Information**

Contact: ecep@dss.virginia.gov, or (804) 726-7468.





## **MEDICATION ADMINISTRATION TRAINING (MAT) PROGRAM**

MAT Requirements for Licensed and Regulated Child Day Programs

## Code of Virginia Drug Control Act CHAPTER 34.

## § 54.1-3408. Professional use by practitioners.

N. In addition, this section shall not prevent the administration of drugs by a person to a child in a child day program as defined in § 63.2-100 and regulated by the State Board of Social Services or the Child Day Care Council, provided such person (i) has satisfactorily completed a training program for this purpose approved by the Board of Nursing and taught by a registered nurse, licensed practical nurse, doctor of medicine or osteopathic medicine, or pharmacist; (ii) has obtained written authorization from a parent or guardian; (iii) administers drugs only to the child identified on the prescription label in accordance with the prescriber's instructions pertaining to dosage, frequency, and manner of administration; and (iv) administers only those drugs that were dispensed from a pharmacy and maintained in the original, labeled container that would normally be administered by a parent or guardian to the child.

## Standards for Licensed Child Day Centers

The regulation for child day centers contains a standard (22 VAC 15-30-310.D) that goes beyond the requirements of the law and requires medication administration training for anyone who administers prescription AND non-prescription medications.

Child Day Programs	Medication Administration Training
Child day centers (licensed)	Training required for administration of Prescription <b>and</b> Non-Prescription medications
Family day homes (licensed)	Training required only for administration of Prescription medications
Religiously exempt child day centers (regulated)	Training required only for administration of Prescription medications
Voluntarily registered family day homes (regulated)	Training required only for administration of Prescription medications
Family day homes approved by a (licensed) Family Day System	Training required only for administration of Prescription medications
Certified preschools (regulated)	Training required only for administration of Prescription medications

## **Important Information**

- **Best Practice** The Medication Administration Training for Child Day Programs teaches BEST PRACTICE and covers the administration of all medications, both prescription and non-prescription.
- MAT Recertification MAT Certification is valid for three (3) years from the issue date indicated on the MAT Certificate. Providers and/or staff members must be recertified **prior** to the date the certificate expires in order to continue to administer medication to children in a child day program.
- Two Options for Completing the MAT Course:
  - Classroom-based Providers may choose to complete the MAT course in a classroom setting with an approved MAT Trainer. Providers must attend the entire class and successfully pass the written and skills competencies. Class size is limited to 8 participants.

• Independent Study – Providers may choose to complete the MAT course by independent study. The MAT Independent Study is made up of two parts. Part One is a self-paced, online review of the MAT course content using MAT course handouts, video segments and independent exercises. Part Two consists of hands-on practice time and testing with an approved MAT Trainer. Providers must successfully pass the written skills competencies. Class size for Part Two of the MAT Independent Study is

**limited to 3 participants.** For more information on the MAT Independent Study go to:

https://www.dss.virginia.gov/family/cc\_providertrain/mat/index.cgi, click on MAT Independent Study.

- Find a MAT or PMAT Class To find Medication Administration Training (MAT) and Pre-Medication Administration Training (PMAT) classes, visit the VDSS Web site at: <a href="https://www.dss.virginia.gov/redirect/?83">www.dss.virginia.gov/redirect/?83</a>, click on TIPS (Training Information for Provider Success) Calendar and scroll through the class listings. Be sure to contact the class sponsor for class details or registration information.
- Find/Contact an Approved MAT Trainer To find/contact an approved Medication Administration Training (MAT) trainer, visit the VDSS Web site at: <a href="https://www.dss.virginia.gov/redirect/?83">www.dss.virginia.gov/redirect/?83</a>, click on (MAT) Medication Administration Training, click on Find a MAT Trainer Near You.
- Get Answers to MAT Questions To get answers to questions specific to the MAT Program contact: MAT@dss.virginia.gov.

ME as

PULL OUT LATTICE

## Commonwealth of Virginia

## EARLY CHILDHOOD AND CHILD CARE PROFESSIONAL DEVELOPMENT CAREER LATTICE

This document is a product of Virginia's Early Childhood Development Alignment Project

An Initiative of





Virginia Department of Social Services
Office of Early Childhood Development
careerlattice@dss.virginia.gov
www.dss.virginia.gov/family/cc/professionals\_resources
12-08-08

## **Early Childhood and Child Care Pro**

The Career Lattice details steps of career development based on training, eddeveloping a plan for professional advancement in early childhood education an

The lattice indicates the *minimum licensing requirements* for professionals employed by organizations regulated by VDSS. For those individuals who wish of teachers to have an Associate degree (Step VI) or higher, 100% to have a minimum of a 120-clock-hour credential (Step III). Also, some employers may recommend to the commendation of the comm

	ENTRY LEVEL		STEP I	STEP II	STEP III
	AIDE ENTRY LEVEL	FAMILY DAY HOME PROVIDER (FDH) ENTRY LEVEL	PROGRAM LEADER/TEACHER (PL) ENTRY LEVEL	VDSS EARLY CHILDHOOD ENDORSEMENT	120-CLOCK-HOUR CHILD DEVT. CREDENTIAL [PROGRAM DIRECTOR (PD) ENTRY LEVEL]
TRAINING LICENSING REQUIREMENTS	LICENSING REQUIREMENTS:  • Minimum 16 yrs of age • Current TB Screening • Satisfactory Sworn Statement • Clear Criminal History Record Report • Clear Child Protective Services Central Registry Check • Ability to communicate with emergency personnel	LICENSING REQUIREMENTS: Provider – Minimum 18 yrs of age Aide – Minimum 14 yrs of age First Aid and Cardiopulmonary Resuscitation (CPR) Current TB Screening Satisfactory Sworn Statement Clear Criminal History Record Report Clear Child Protective Services Central Registry Check Demonstrated proficiency in English	A. LICENSING REQUIREMENTS:  Minimum 18 yrs of age High school program completion or equivalent Current TB Screening Satisfactory Sworn Statement Clear Criminal History Record Report Clear Child Protective Services Central Registry Check Ability to communicate with emergency personnel  B. LICENSING TRAINING REQUIREMENTS: Within six months prior to assuming Program Leader (PL) position, must receive a minimum of 20* clock hours of training related to the care of children, including, but not limited to: 1. Child Development 2. Playground Safety 3. Health/Safety 4. Preventing/Reporting Child Abuse/Neglect *24 hrs required as of 06-01-08	LICENSING REQUIREMENTS: FDH – Meets FDH Entry Level PL – Meets Step I A & B  TRAINING: Virginia Department of Social Services (VDSS) Early Childhood Endorsement – Infant and Toddler Or Preschool - 48 clock hours of training (12 4-hour classes) for each endorsement  OR: EDUCATION: CHD 166 – Infant and Toddler Programs (College course consisting of at least 3 credits)  CHD 120 - Introduction to Early Childhood Education (College course consisting of at least 3 credits)	must have 10 clock hrs. of mgmt. training OR one child care mgmt. course OR one college course in business-related field  TRAINING:  • Minimum 120 clock hours of child-related training as specified by credentialing organization <sup>2</sup> and VA Standards for Licensed Child Day Centers (CDCs)  OR:  EDUCATION:  • College courses equivalent to or exceeding 120 clock hours of training requirement as determined by credentialing organization <sup>2</sup> and VA Standards
EDUCATION			HIGH SCHOOL EDUCATION OPTION:  Completion of Virginia Department of Education High School Early Childhood Education I & II with National Occupational Competency Testing Institute (NOCTI) Certification		for Licensed CDCs  OTHER REQUIREMENTS:  • As determined by credentialing organization <sup>2</sup> and VA Standards for Licensed CDCs
EXPERIENCE	None required at this level	None required at this level	PL – 6 months supervised programmatic experience	PL – 6 months supervised programmatic experience	<ul> <li>PL – 3 months</li> <li>PD – 2 years w/1 year supervisory</li> </ul>
CREDENTIAL	• None	• None	• None	VDSS Infant & Toddler Endorsement     VDSS Preschool Endorsement	120-Clock-Hour Child     Development Credential     [e.g., Child Development     Associate (CDA)]

<sup>&</sup>lt;sup>1</sup> Mgmt. experience is defined as at least six months of on-the-job training in an administrative position that requires supervising, orienting, training, and scheduling staff.

<sup>&</sup>lt;sup>2</sup> International or national credentialing organization that meets requirements as stated in 22 VAC 15-30-230 A 4 b of Virginia Standards for Licensed Child Day Centers.

<sup>&</sup>lt;sup>3</sup> Child-related field such as, but not limited to, child care administration, early childhood administration, child development, early childhood development, early childhood education (ECE), human development, early childhood special education, child care, and elementary education (Early Childhood, PK-3, NK-3).

## ealth of Virginia ofessional Development Career Lattice

ducation, and experience in the field. The Lattice provides guidance for any individual decition decitions decitions. It can be decided as the control of th

to pursue a position that is regulated by another federal or state authority, a higher level of qualification may be required. For example, Head Start requires 50% equire a higher level of qualification, e.g., 98% of teachers employed by the Virginia Preschool Initiative program hold a Bachelor degree (Step VII) or higher.

STEP IV	STEP V	STEP VI	STEP VII	STEP VIII	STEP IX	
12-CREDIT COMMUNITY COLLEGE CERTIFICATE	ONE-YEAR COMMUNITY COLLEGE CERTIFICATE	Associate Degree	Bachelor Degree	Master Degree	Doctorate Degree	
LICENSING REQUIREMENTS:  FDH – Meets FDH Entry Level  PL – Meets Step I A  PD – Meets Steps I A & III  EDUCATION:  Community College Certificate in approved course of study in child-related field <sup>3</sup> w/minimum of 12 total credits	LICENSING REQUIREMENTS:  FDH – Meets FDH Entry Level PL - Meets Step I A PD - Meets Steps I A & III  EDUCATION:  One-year community college certificate in approved course of study in child-related field <sup>3</sup> w/minimum of 30 total credits	LICENSING REQUIREMENTS:  • FDH – Meets FDH Entry Level  • PL - Meets Step I A  • PD – Meets Steps I A & III  EDUCATION:  • Approved course of study in child-related field <sup>3</sup>	LICENSING REQUIREMENTS: FDH-Meets FDH Entry Level PL-Meets Step I A PD-Meets Steps I A & III  EDUCATION: Approved course of study in child-related field³ or with child- related Licensure or Endorsement	LICENSING REQUIREMENTS: • FDH-Meets FDH Entry Level • PL-Meets Step I A • PD-Meets Steps I A & III  EDUCATION: • Approved course of study in child- related field <sup>3</sup>	LICENSING REQUIREMENTS: • FDH-Meets FDH Entry Level • PL-Meets Step I A • PD-Meets Steps I A & III  EDUCATION: • Approved course of study in child-related field <sup>3</sup>	LICENSING REQUIREMENTS TRAINING
						EDUCATION
<ul> <li>PL – 3 months</li> <li>PD – 2 years w/1 year supervisory</li> </ul>	PL – 3 months PD – 2 years w/1 year supervisory	• PL – 3 months • PD – 1 year	• PD – 1 year	• PD – 6 months	• PD – 6 months	EXPERIENCE
Community College Certificate in child-related field <sup>3</sup> w/minimum 12 total credits	One-year Community College Certificate in child-related field <sup>3</sup> w/minimum 30 total credits	<ul> <li>Associate in Applied Science</li> <li>Associate of Science</li> <li>Associate of Arts</li> </ul>	Bachelor of Science     Bachelor of Arts	Master of Science     Master of Arts     Master of Education     Master of Teaching	Doctor of Philosophy (Ph.D.)     Doctor of Education (Ed.D.)	CREDENTIAL

**KEY**: FDH – Family Day Home Provider PL – Program Leader/Teacher PD – Program Director

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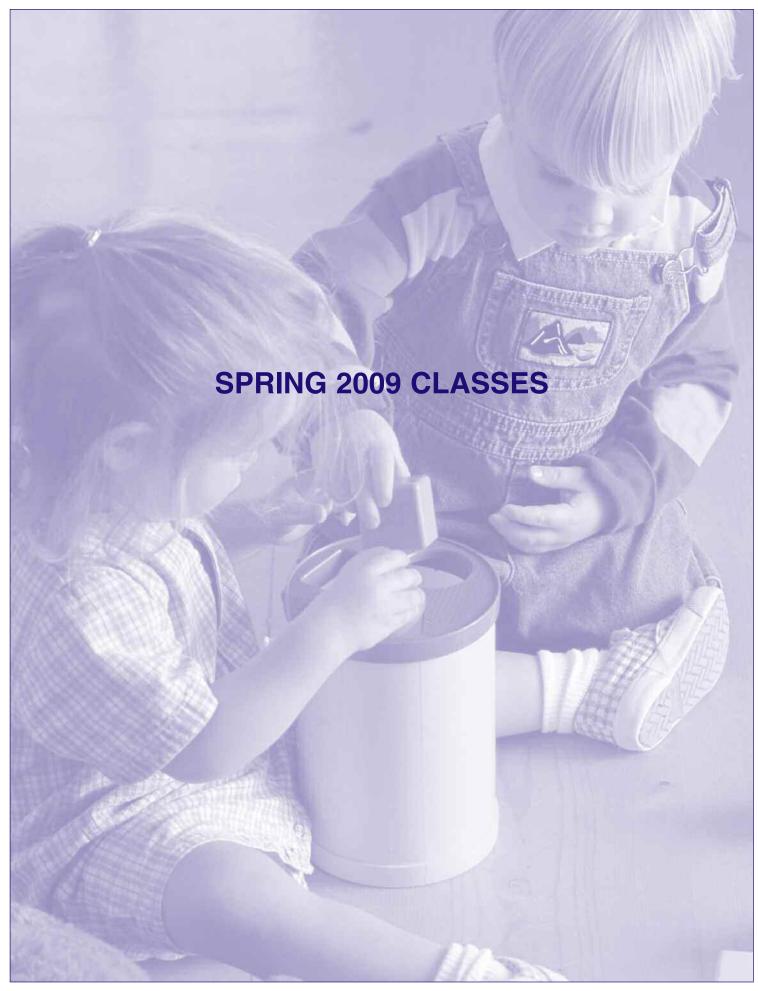
# PROFESSIONAL DEVELOPMENT RESOURCES

	TRAINING	
ADULT EDUCATION		
English as a Second Language, GED	VA Adult Learning Resource Center, VCU	www.valrc.org
GED Classes	VA Adult Learning Resource Center, VCU	www.vaged.vcu.edu/index.shtml
CHILD DEVELOPMENT		
Apprenticeship Program	VA Dept. of Labor and Industry	www.doli.virginia.gov
Distance Learning*	National Child Care Information Center	http://nccic.acf.hhs.gov/poptopics/statedistlearning.html
TIPS Training Calendar	VA Dept. of Social Services	www.dss.virginia.gov/family/cc_providertrain/tips.cgi
VDSS Training	VA Dept. of Social Services	www.dss.virginia.gov/family/cc/professionals_resources.html
HEALTH AND SAFETY		
Child Abuse and Neglect	VISSTA, VCU	www.vcu.edu/vissta/training/va_teachers
Child Passenger Safety	VA Dept. of Health	email Tobey Allen at tobey.allen@vdh.virginia.gov
First Aid & CPR	American Red Cross	www.redcross.org/services/hss
	American Heart Association	www.americanheart.org
	National Safety Council	www.nsc.org
	American Safety and Health Institute	http://ashinstitute.org
Playground Safety	National Program for Playground Safety	www.playgroundsafety.org
	VDSS ENDORSEMENT	
Early Childhood Endorsement Program	VA Dept. of Social Services	www.dss.virginia.gov/family/cc/professionals_resources.html
	CREDENTIAL ORGANIZATIONS**	lons**
CCDE	Child Development Education Alliance	www.CDEAlliance.org
CDA	Council for Professional Recognition	www.cdacouncil.org/cda.htm
ELS1, ELS2, ELS3	IACCEPT	www.iaccept.org
EXECS	National Association of Child Care Professionals	www.naccp.org
NAC, CCP	National Child Care Association	www.nccanet.org
PAC	Association of Christian Schools International	www.acsi.org
PS1, PS2	International Academy of Private Education	www.iapeservices.org
	EDUCATION	
Community College Certificates and Degrees	Virginia Community College System	www.vccs.edu or http://myfuture.vccs.edu/earlychildhood/
Distance Learning*	National Child Care Information Center	http://nccic.acf.hhs.gov/poptopics/statedistlearning.html
Family and Consumer Sciences Classes (ECE)	VA Dept. of Education High School ECE I & II	www.cteresource.org/verso2/search
Higher Education Degrees	State Council of Higher Education for VA	www.schev.edu
Online Degreed ECE	Child Care Exchange	www.childcareexchange.com
	FINANCIAL AID	
VA Child Care Provider Scholarship Program	VA Dept. of Social Services	www.dss.virginia.gov/family/cc/professionals_resources.html
Various	Federal	http://studentaid.ed.gov/PORTALSWebApp/students/english/index.jsp
Various	State	www.virginia.gov/cmsportal2/education_4096/for_students_4101/financial_aid.html
Various	State Council of Higher Education for Virginia	www.schev.virginia.gov/students/Payforcollege.asp

\*Distance Learning programs 1) must meet VDSS Criteria for Provider Training (www.dss.virginia.gov/family/cc/professionals.resources.html) to qualify for clock hours of training credit, and 2) may not fully meet VDSS Program Director qualification requirements as stated in 22 VAC 15-30-230 A 4 b. Virginia Regional Licensing Office personnel can assist providers in this determination.
\*\* Program Directors - contact your VDSS licensing inspector to determine whether the credentials issued by these organizations meet the "child development credential" requirements as stated in Standards for Licensed Child Day Centers (22 VAC

15-30-230 A 4 b).

Inclusion of training, education and professional organizations is for informational purposes only and does not imply endorsement of any program contained herein.



## **CHLD 2002**

## AGES AND STAGES OF DEVELOPMENT OF PRESCHOOLERS AGES THREE TO FIVE\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

## **Overview**

This course is the first in a series related to the care and development of children ages three to five years old. The ages and stages of child development are organized into the physical, language, cognitive, and social/emotional domains.

## IMPORTANT!

Registration

75002

04/25

Wytheville

There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

Number	Date	City	Location
74997	03/14	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
74998	03/21	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
74999	03/21	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
75000	03/21	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75001	03/28	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent

Room 3

Wytheville Meeting Center

333 Community Boulevard

## CHLD 2018

## BEYOND BABBLE: EXPLORING EARLY LANGUAGE DEVELOPMENT\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with infants and toddlers

## **Overview**

This course will allow participants to gain an understanding of early language development and communication. Participants will explore the physical structures involved in language development, how children acquire language, patterns of typical language development, three key roles adults play in language development, and age-appropriate ways to verbally interact with children.

## IMPORTANT!

Registratio Number	n Date	City	Location
75021	03/21	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75022	03/28	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75023	03/28	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75024	04/25	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
75025	05/02	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle
75026	05/02	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street

<sup>\*\*</sup>This may be used as a component course for VDSS ECEP – Preschool Endorsement. See page 9 for details.

<sup>\*\*</sup>This may be used as a component course for VDSS ECEP – Infant and Toddler Endorsement. See page 9 for details.

## HLTH 2154 BUILDING BLOCKS FOR HEALTHY ACTIVE CHILDREN: NUTRITION AND PHYSICAL ACTIVITY

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool and

school-age children

## Overview

This course will give child care professionals an understanding of the importance of nutrition and physical activity in the development of children. Programs that support good nutrition and physical activity as part of the learning environment help produce healthy children. Healthy children grow and learn better.

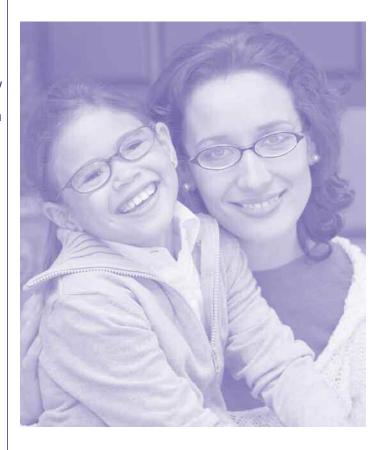
The problem of overweight children has become a major public health issue and it continues to grow - with children eating more, but exercising less. There are many health risks associated with children being overweight. Child care professionals play a crucial role in helping to reverse this trend and creating an environment that promotes nutritious foods and drinks, and physical activity.

## **Objectives**

- Learn the basics of proper nutrition and physical activity for children.
- Learn how to prepare healthy snacks and drinks for children based on USDA guidelines.
- Gain an understanding of how to incorporate more physical activity into child care programs.
- Explore strategies to promote positive attitudes and habits toward food among youth, including family-style meals, healthy portion sizes, and creative ways to deal with picky eaters.
- Discuss ways to work with parents to encourage good nutrition and physical activity for their children at home.

## IMPORTANT!

Registration	n		
Number	Date	City	Location
75063	03/28	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75064	04/18	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75065	04/18	Wytheville	Wytheville Meeting Center Rooms 1 & 2 333 Community Boulevard
75066	05/02	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
75067	05/09	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street
75068	05/16	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
23159	06/06	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive



## CHLD 2015 CHILD ABUSE AND NEGLECT: RECOGNITION AND REPORTING\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with children of all ages

## **Overview**

Child care providers will learn how to recognize and manage suspected child abuse and neglect. This course provides instruction on types of abuse and neglect, strategies for responding to suspected child victims and their parents, the child protective services response process, and knowing when and how to report suspected abuse and neglect. Virginia law mandates that child care providers report suspected child abuse and neglect.

## **IMPORTANT!**

There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

### Registration Number Date City Location 75036 05/02 Warrenton Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street 75038 05/09 Richmond Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road 75039 05/30 Springfield **NOVA Community College** Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive 75040 05/30 Wytheville Wytheville Meeting Center Room 3 333 Community Boulevard Roanoke Higher Education Center 23153 06/06 Roanoke Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201 23155 06/06 Hampton Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road

## CREATING AN AGE-APPROPRIATE LEARNING ENVIRONMENT FOR PRESCHOOLERS\*\*

Length: 4 hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

## **Overview**

This is the second course in a series related to the care and development of children ages three to five years old. This course establishes a basis for understanding how the environment impacts children's growth and development.

## IMPORTANT!

Renietration

Number	Date	City	Location
75003	03/21	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75004	03/28	Chester	John Tyler Community College Chester Campus Moyar Hall, Rooms M201 A & B 13101 Jefferson Davis Highway
75005	04/04	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
75006	04/18	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
75007	04/25	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75008	05/16	Wytheville	Wytheville Meeting Center Room 3 333 Community Boulevard

CHLD 2003 CREATING AN AGE-AI

<sup>\*\*</sup>This may be used as a component course for both VDSS Early Childhood Endorsements. See page 9 for details.

<sup>\*\*</sup>This may be used as a component course for VDSS ECEP - Preschool Endorsement. See page 9 for details.

## CHLD 2020 GROWING WILD WITH YOUR CLASS

Length: 6 Hours – 9:00 a.m. to 4:00 p.m. (1-hour lunch

break, please provide your own lunch)

Fee: \$25.00

Target Audience: Providers who work with preschool and school-

age children up to age 12

## Overview

With the publication of "Last Child in the Woods" by Richard Louv, the health benefits, both physical and mental, of children having the opportunity to explore nature have never been better understood. The activities provided in this course from Project WILD will provide ideas and resources for helping children in your care become more involved in the natural world. Individual copies of the 500-page Project WILD K-12 Curriculum and Activity Guide, activities for preschoolers and supplementary information about Virginia's wildlife will be provided.

## **Objectives**

- Understand the importance of the environment, especially wildlife, in our daily lives.
- Participate in hands-on activities that will enhance nature studies.
- Review the Project WILD curriculum and activity guide and best practices for using the materials.

## **IMPORTANT!**

There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

## Registration

Number	Date	City	Location
75053	04/18	Williamsburg	James City County Community Recreation Center Room A 5301 Longhill Road

## CHLD 2005 GUIDING THE BEHAVIORS OF PRESCHOOL CHILDREN AGES THREE TO FIVE\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

## **Overview**

This course is the fourth in a series related to the care and development of children ages three to five years old. Participants will explore the ages and stages of development for the 3 to 5 year old child and examine the role a provider plays in guiding the behavior of the preschool child.

## IMPORTANT!

Registratio Number	n Date	City	Location
75015	04/18	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
75016	04/25	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75017	05/09	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
78018	05/09	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
23150	06/06	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
23151	06/06	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle

<sup>\*\*</sup>This may be used as a component course for both VDSS Early Childhood Endorsements. See page 9 for details.

## CHLD 2016 HEALTH SCREENING FOR CHILD CARE PROFESSIONALS\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with children of all ages

## **Overview**

This course satisfies the training requirements specified in the *Standards for Licensed Child Day Centers* (22 VAC 15-30-310 D.6). The course provides instruction in daily health observation, excluding children for illness, preventing infections, communicable diseases, vaccine preventable diseases, immunizations, OSHA health and safety practices, and the provider's role in reporting diseases. While the class is required for providers who work in licensed child day centers and who perform the daily health observation of children, it is beneficial for all child care providers.

## IMPORTANT!

There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

### Registration Number Date Location City 75042 05/16 Roanoke Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201 75044 05/16 Warrenton Lord Fairfax Community College Fauguier Campus, Room 210 6480 College Street 75045 05/30 Hampton Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road 75047 05/30 Richmond Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road Springfield 23156 06/06 **NOVA Community College** Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive 23157 Wytheville 06/06 Wytheville Meeting Center Room 3 333 Community Boulevard

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

## **Overview**

This is the third course in a series related to the care and development of children ages three to five years old. In this course, the participants will use their knowledge of the characteristics of preschool children to understand the process of developing thematic units to guide learning.

## **IMPORTANT!**

Registration	on Date	City	Location
75009	04/04	Chester	John Tyler Community College Chester Campus Moyar Hall, Rooms M201 A & B 13101 Jefferson Davis Highway
75010	04/18	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75011	04/25	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
75012	05/02	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75013	05/09	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75014	05/30	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle

CHLD 2004
PLANNING AGE AND STAGE APPROPRIATE
ACTIVITIES FOR PRESCHOOLERS\*\*

<sup>\*\*</sup> This may be used as a component course for both VDSS Early Childhood Endorsements. See page 9 for details.

<sup>\*\*</sup>This may be used as a component course for VDSS ECEP - Preschool Endorsement. See page 9 for details.

## HLTH 2155 PRESCHOOL PHYSICAL ACTIVITIES: LET'S GET THEM MOVING!

Length: 4 hours - 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

## **Overview**

This course will include preschool physical development milestones. Participants will learn how to teach important concepts using movement activities. The course gives providers practical, fun, developmentally sound activities to help incorporate movement into everyday life for preschool-aged children. Participants will get to play with and make equipment from recyclable materials that they can use in their classrooms to help children develop. Areas of physical development will include: balance, eye-hand coordination, overall body coordination, strength, and flexibility. Participants will explore how skills progress from beginning stages to advanced as children grow and gain experience, and how to build on current abilities to help children gain new skills. Ideas for using short periods of time productively to build needed physical and social skills, including helping children use their energy in appropriate ways, will be reviewed.

## **Objectives**

- Describe the importance and benefits of physical activity in preschoolers' development.
- Provide an environment that will stimulate the link between the brain and muscle development in preschool children.
- Discuss physical activities that can help children diagnosed with learning disabilities compensate and do better in school.
- Identify age-appropriate activities that help preschoolers develop physically to prepare for success in sports and life.
- Take home ideas and samples of easy-to-make, fun, free or nearly free items. (Requires participants to bring their own supplies—see below.)

## What to Bring

- 1- empty toilet paper tube
- 1- metal, bendable coat hanger
- 1- leg of an old pair of pantyhose or knee highs. (It can have runs and holes.)
- 1- empty plastic gallon milk or water jug. (Be sure it is clean and dry.)
- 1- pair of sharp, sturdy scissors, if you have them.
- · 1- hole puncher, if you have one.
- A plastic bag to take home your creations.

## IMPORTANT!

Registration Number Date City		City	Location
75078	03/28	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
75079	04/18	Charlottesville	Piedmont Virginia Community College Main Building – Room 248 501 College Drive
75080	04/25	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75081	05/09	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle
75082	05/30	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
23161	06/06	Chester	John Tyler Community College Chester Campus Bird Hall, Room B116 13101 Jefferson Davis Highway



## CHLD 2024 PROMOTING CHILDREN'S SUCCESS: BUILDING RELATIONSHIPS AND CREATING SUPPORTIVE ENVIRONMENTS

Length: 5 Hours – 9:00 a.m. to 2:00 p.m. (working

lunch – please provide your own lunch)

Fee: \$10.00

Target Audience: Providers who work with preschool children

### Overview

This course is designed to build positive relationships with children and families through the design of environments, schedules, and routines; establishing rules; implementing activities that promote child engagement; modifying and adapting materials and activities to meet the individual needs of all children, including those with special needs; and planning and promoting encouragement and descriptive praise to children. The course will focus on the skills needed to evaluate work with children related to building relationships and generate strategies for addressing areas where change and/or improvement is needed.

This course is module 1 of a 4-part series from the **Promoting Social and Emotional Competence** training series designed by The Center for Social and Emotional Foundations for Early Learning (CSEFEL). This training encompasses the principles of the CSEFEL Pyramid Model for Promoting Social Emotional Competence in Infants and Young Children, including building an effective workforce, enhancing nurturing and responsive relationships, creating high quality supportive environments, providing targeted social emotional supports, and incorporating intensive interventions.

## **Objectives**

- Participants will be able to describe the importance of building relationships with children, families, and colleagues.
- Participants will be able to describe the relationship between children's social emotional development and challenging behaviors.
- Participants will be able to use descriptive acknowledgment and encouragement to support children's positive social behaviors.

### IMPORTANT!

Registrati Number	Date	City	Location
75055	03/21	Chester	John Tyler Community College Chester Campus Nicholas Center, Room 102A 13101 Jefferson Davis Highway
75057	04/04	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
75058	04/04	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75059	05/02	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive
75060	05/09	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75061	05/16	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle
75062	05/16	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
23158	06/06	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road



## CHLD 2017 UNDERSTANDING TEMPERAMENTS TO HELP INFANTS AND TODDLERS LEARN AND DEVELOP\*\*

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee \$10.00

Target Audience: Providers who work with infants and toddlers

## **Overview**

This course will define temperament and explain its importance in the development of infants and toddlers. It will focus on five temperament characteristics — activity level, approach/withdraw, intensity, mood, and persistence. The construct of "goodness-of-fit" will also be emphasized and strategies for interacting with infant and toddler children who demonstrate a variety of temperaments will be given. Participants will have the opportunity to explore their own temperaments and to discuss case examples of infants and toddlers with extreme temperaments.

## **Objectives**

- Define temperament and identify the five dimensions of temperament – activity level, approach/withdraw, intensity, mood, and persistence.
- Explain what "goodness-of-fit" means.
- · Identify temperament characteristics.
- Identify strategies to adapt the environment to improve "goodness-of-fit" for children with different temperaments.
- Recognize the importance of language in describing children with different temperaments.
- Identify strategies for helping children with different temperaments adapt to their environment.

## IMPORTANT!

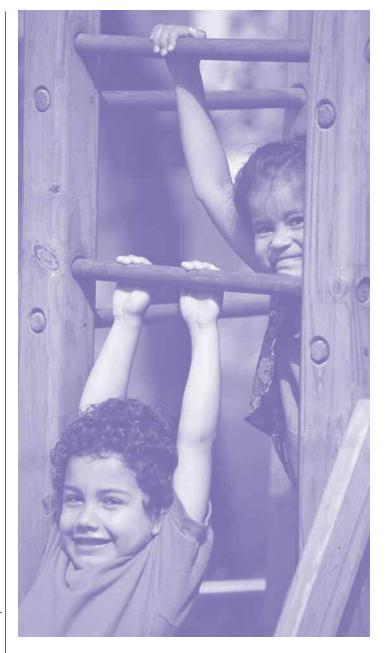
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There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

Registrati Number	on Date	City	Location
75027	03/28	Wytheville	Wytheville Meeting Center Rooms 1 & 2 333 Community Boulevard
75029	04/04	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75031	04/04	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75032	04/18	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room1302 600 Butler Farm Road
75034	05/02	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
75035	05/16	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street

\*\*This may be used as a component course for VDSS ECEP - Infant and Toddler

Endorsement. See page 9 for details.



## HLTH 2138 VIRGINIA'S MILESTONES OF CHILD DEVELOPMENT

Length: 6 Hours – 9:00 a.m. to 4:00 p.m. (1-hour lunch

break, please provide your own lunch)

Fee: \$25.00

Target Audience: Providers who work with infants, toddlers and

preschool children

## **Overview**

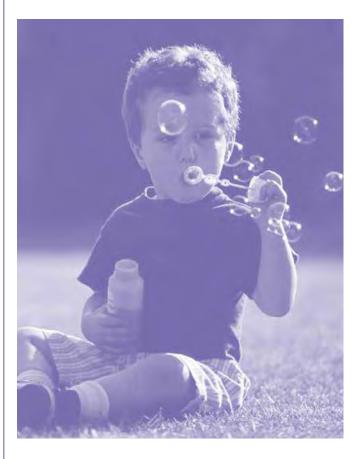
This course is designed to introduce participants to the *Milestones of Child Development*. Participants will learn how to use this comprehensive guide that focuses on milestones of child development for children from birth to five years old. Parents, early childhood professionals, child care directors, early intervention professionals, and school and early childhood administrators will benefit from this guide. Class instruction will include information about the six domains of development, strands of each domain, and indicators of development in order to enable participants to use the guide practically in their respective settings. This course will provide participants with tools to support the growth and development of young children from birth through their transition to kindergarten. A brief explanation of a second guide, *Competencies for Early Childhood Professionals*, will be given.

## **Objectives**

- Review the guide, Milestones of Child Development, with a focus on how the tool is formatted.
- Discuss the six domains of children's development and define components of each domain. Domains include: (1) Social and Emotional Development (2) Approaches to Learning (3) Language and Literacy (4) Cognition and General Knowledge (5) Fine Arts and (6) Physical Development and Health.
- Describe the meaning of strands and sub-strands for each domain.
- Explore indicators for each domain so that adults can assess when new skills are emerging and provide strategies to support rising skills.
- Recognize that Milestones of Child Development is a working document that adults can use when working with groups of children or with individual young children in classroom or home settings.
- Become proficient in understanding domains, strands, and indicators to maximize children's experiences in either classroom or home environments.

### IMPORTANT!

Registratio Number	n Date	City	Location
75049	03/21	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle
75050	05/09	Charlottesville	Piedmont Virginia Community College Main Building – Room 248 501 College Drive
75051	05/16	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75052	05/30	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street



## HLTH 2156 WORKING WITH CHILDREN WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

Length: 6 Hours - 9:00 a.m. to 4:00 p.m. (1-hour lunch

break, please provide your own lunch)

Fee: \$25.00

Target Audience: Providers who work with children ages 4 - 12

## Overview

This course is designed to help caregivers better understand attention deficit hyperactivity disorder. The content includes strategies for helping children manage the disorder, adapting the environment, and learning ways to reach out to the community.

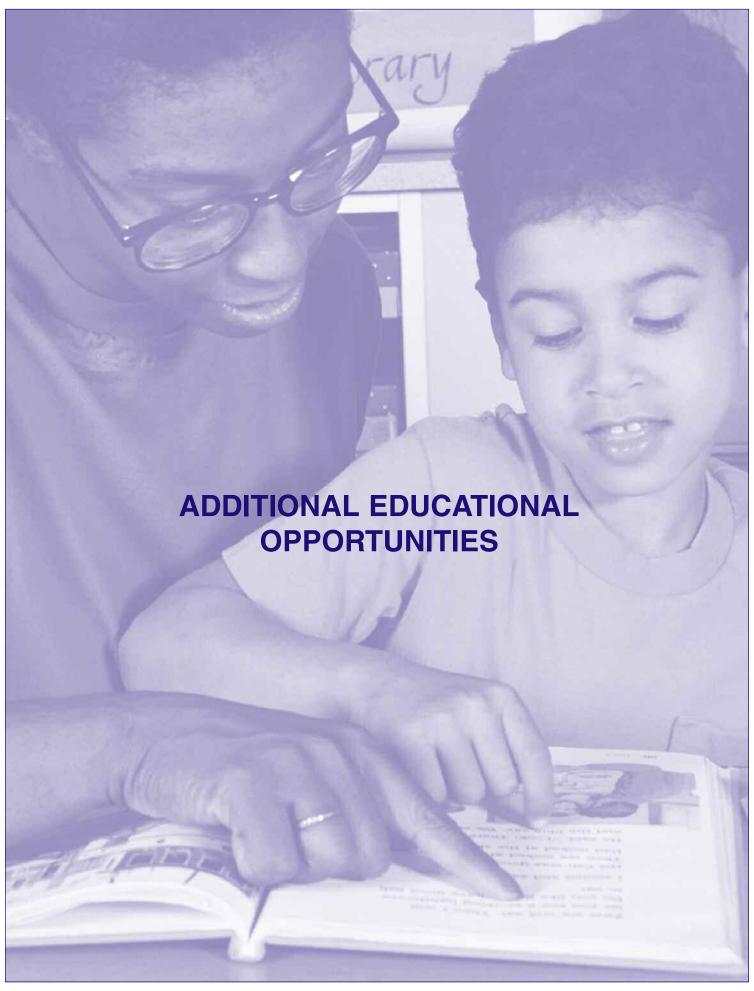
## **Objectives**

- Become aware of difficulties of traditional learning environments and behavior control.
- Gain an understanding of the impact of ADHD on preschool and school-age children and their parents.
- Identify characteristics of normal attention and attention deficit.
- Learn ways to foster partnerships with parents and other community resources.
- Learn effective strategies for managing the environment, helping children remember, helping children control impulsive behaviors, and building social skills and self-esteem.
- Apply strategies in working with preschool and school-age children in family and child day program environments.

## IMPORTANT!

Registration Number	n Date	City	Location
75069	03/21	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street
75070	03/28	Charlottesville	Piedmont Virginia Community College Main Building – Room 248 501 College Drive
75071	04/04	Wytheville	Wytheville Meeting Center Rooms 1 & 2 333 Community Boulevard
75072	04/18	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
75073	04/25	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive
75074	05/02	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75075	05/16	Chester	John Tyler Community College Chester Campus Bird Hall, Room B116 13101 Jefferson Davis Highway
75077	05/30	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street





## DISTANCE LEARNING

## READ-A-BOOK PROGRAM

This distance learning self-study program allows early childhood professionals to earn training credit hours by reading children's literature and books on early childhood education and child development. The Office of Early Childhood Development, a part of the Virginia Department of Social Services, collaborated with the Library of Virginia to place sets of books in each of the 350 public libraries across Virginia. The Read-A-Book Program focuses on the importance of incorporating children's literature across the curriculum, reading to and with young children daily, understanding early brain development, fostering language and literacy development, and communicating successfully with young children. This program currently offers two book report options for obtaining training credit hours. You are encouraged to choose one or both to receive credit. You may read and report on more than one book, and be eligible to receive training credit hours for each new book with its corresponding book report submitted to VDSS for grading. All book report materials are free. A \$10.00 processing fee will be charged when you submit materials for grading. (Do not send your money until you submit your materials for grading.)

## Option 1: Reading Children's Literature Books with Children

Option 1 requires you to read at least two children's literature books to your children and then develop a book report for each book that describes the activities and projects you developed to support the story or theme of the book. You may choose from the infant and toddler storybooks placed in each public library in Virginia, or you may choose to use two of your own favorite children's books.

## **Option 2: Reading Professional Books**

Option 2 requires you to choose to read one of the professional books listed in the Read-A-Book Program booklet, and then complete the Professional Development Book Report developed for each book. Each Virginia public library has at least one copy of the professional development books listed in the Read-A-Book Program booklet.

## To Participate

Interested individuals must request a copy of the Read-A-Book Program booklet from VDSS. The booklet includes book lists, instructions, and all forms required to participate in Option 1, and the list of professional development books and special instructions to participate in Option 2. A complete listing of Virginia public library locations throughout the Commonwealth is also included in the Read-A-Book Program Booklet. Librarians do not have the book report materials; you must contact VDSS.

## To Request Materials

Read-A-Book Program materials may be downloaded and printed by visiting http://www.dss.virginia.gov/redirect/?83, or they may be requested via email at: read.a.book@dss.virginia.gov, or by U.S. mail using the form below. If you request materials by email, please specify whether you would like to receive the program booklet via email or by U.S. mail.

Cut Out of Photocopy
Read-A-Book Program Booklet Request Form
Mailing Address:
Read-A-Book Program
Office of Early Childhood Development
Virginia Department of Social Services
7 North 8th Street
Richmond, VA 23219-3301
Name:
Address:
Telephone Number:
Email address:

## **DISTANCE LEARNING**

## **VIDEO TRAINING SERIES**

The Virginia Department of Social Services (VDSS) currently offers two video-based training programs with study guides and testing materials. These programs are self-paced and child care professionals may earn four, six, or eight clock hours of training credit upon successful completion of the assessment materials.

## To Participate

Child care professionals borrow the DVDs/videotapes and receive copies of the study guides and test materials from one of the eight regional licensing offices listed below. There is no cost for the study guides or testing materials. A ten dollar (\$10.00) processing fee per person is charged when submitting the completed assessments for grading.

To apply to receive credit for participation in either video series, each individual must complete the assessment materials for each program. Individuals must receive a passing grade to be awarded training credit hours. Detailed instructions for participation are included with each study guide.

1 – DSS 101 - The Whole Child - A Caregiver's Guide to the First Five Years (TWC) is a video series production developed by WTVS Detroit and the Merrill-Palmer Institute at Wayne State University in 1998. It is based on the text-book of the same name written by Joanne Hendrick, Professor of Early Childhood Education Emerita at the University of Oklahoma.

## 2 – The Program for Infant/Toddler Caregivers (PITC)

was developed by WestEd and the California Department of Education. A team of experts in child development, child care, adult education, and print and video production was assembled to work with national and state advisors to create this video production. The goal of the program was to develop meaningful training materials based on sound principles and proven practices. The materials were developed for both center-based and family day home providers and focus on caring for infants and toddlers.

To reserve the DVDs/videotapes for participation in either video series training program, please call your regional licensing office listed below.

 Central Region:
 (804) 662-9743

 Fairfax Area:
 (703) 934-1505

 Eastern Region:
 (757) 491-3977

 Verona Area:
 (540) 332-2330

 Peninsula Area:
 (757) 247-8020

 Piedmont Region:
 (540) 857-7971

 Northern Region:
 (540) 347-6345

 Western Licensing Office:
 (276) 676-5655

## CHILD ABUSE AND NEGLECT ONLINE COURSE

An online course called, Child Abuse and Neglect: Recognizing, Reporting, and Responding for Educators, is now available for child care providers. Originally, it was developed by VDSS with VISSTA and the Department of Education for teacher licensure. Successful completion of this course provides 2 clock hours of training credit. The course may be accessed at <a href="https://www.vcu.edu/vissta/training/va\_teachers">www.vcu.edu/vissta/training/va\_teachers</a>\_and all are welcome to take this course.

## NATIONAL PROGRAM FOR PLAYGROUND SAFETY (NPPS) ONLINE TRAINING OPPORTUNITIES

NPPS offers online courses that target the needs of child care providers. Listed below are two options.

Early Childhood Outdoor Play Inspectors Program is an interactive online course that gives child care providers the knowledge and understanding needed to inspect the outdoor play area for safety. Through pictures, discussion, readings, and assignments, providers will gain the experience needed to inspect the early childhood outdoor play environment.

- Length of Course once coursework is begun, participants have up to four weeks to complete the course, which is self-paced
- Clock Hours 12 hours
- CEUs 1.2

Playground Supervision for Child Care Providers is an online course that gives child care providers the opportunity to learn supervision practices in an outdoor play environment. Through instructional videos, pictures, and written information, providers will learn new supervision techniques to implement in their facilities.

- Length of Course Once coursework is begun, participants have up to two weeks to complete the course, which is self-paced.
- Clock Hours 1 hour
- CEUs 0.1

## To register:

Visit <a href="http://www.playgroundsafety.org/training/online/index.htm">http://www.playgroundsafety.org/training/online/index.htm</a>

For more information:

Contact the National Program for Playground Safety as listed below.

www.playgroundsafety.org
Phone: (800) 554-PLAY (7529)

Fax: (319) 273-7308

Email: playground-safety@uni.edu

## ADDITIONAL TRAINING RESOURCES

## TRAINING INFORMATION FOR PROVIDER SUCCESS (TIPS) CALENDAR



The Training Information for Provider Success (TIPS) Calendar permits for-profit, non-profit and governmental organizations to list child care provider training. The calendar lists all training opportunities in date order and provides a search feature that permits access to specific training.

locations, and dates. VDSS offers this site as an informational service and does not endorse any non-VDSS training. The TIPS Calendar may be viewed at: <a href="http://www.dss.virginia.gov/redirect/?83">http://www.dss.virginia.gov/redirect/?83</a>.

## **DIRECTOR'S TOOLBOX**

To order copies of the newly revised Director's Toolbox, a training aid for directors and staff members in child care/child development centers, please complete the Director's Toolbox Order Form available at: <a href="http://www.dss.virginia.gov/family/cc/publications.cgi">http://www.dss.virginia.gov/family/cc/publications.cgi</a> and return the form with a check or money order made payable to TREASURER OF VIRGINIA. Copies of the Director's Toolbox cost \$10.00 each. For more information, contact (804) 726-7652.

## VIRGINIA CHILD CARE PROVIDER SCHOLARSHIP PROGRAM

VDSS provides the Virginia Child Care Provider Scholarship Program that pays for college tuition and technology fees for child care providers. The program pays for either a maximum of eight courses or the current maximum lifetime award, whichever comes first, at Virginia's institutions of higher learning, and is funded through the Federal Child Care and Development Fund. To obtain more information call 1-866-636-1608 or visit the Web site at: <a href="http://www.dss.virginia.gov/family/cc/scholarship.cgi">http://www.dss.virginia.gov/family/cc/scholarship.cgi</a>.

## EARLY CARE AND EDUCATION RESOURCE DOCUMENTS

It is vital that we support Virginia's young children as they prepare for school and life success. Consequently, two documents have been developed by the Virginia Early Childhood Alignment Project Task Force to serve as guides to assist adults in their important roles with young children.

The Milestones of Child Development document articulates a research-based set of child indicators and strategies for adults designed to support the growth and development of young children from birth to kindergarten entry. Providers can utilize the Milestones as a reference on child development for program and curriculum planning, and in working with parents to provide information, guidelines, and support in facilitating each child's development.

The Competencies for Early Childhood Professionals document articulates standards for competent practice, identifying what early childhood professionals must know, be able to do, and care about to provide quality early care and education. Providers may use the Competencies as a tool to develop an individual plan for professional development. Employers can utilize the Competencies as a guide in developing hiring practices, salary structures, and employee plans for professional development.

For more information, or to download these valuable documents, visit the Web site at: <a href="http://www.dss.virginia.gov/family/cc/publications.cgi">http://www.dss.virginia.gov/family/cc/publications.cgi</a>.

## VIRGINIA DEPARTMENT OF HEALTH, DIVISION OF INJURY AND VIOLENCE PREVENTION

A FREE basic child passenger safety course for child care providers and other staff members is available through the Virginia Department of Health's Division of Injury and Violence Prevention. The 90 minute course is designed to give child care providers the basic knowledge and information needed to properly restrain children during transport (e.g., type of seat needed based on child's age, height, and weight, proper placement in vehicle, etc.). In addition to requesting the training course, providers may also request to have a safety seat inspection for parents during pick-up of their children. To schedule a free class or safety seat inspection, or for more information, please contact Tobey Allen at tobey.allen@vdh.virginia.gov.

## VIRGINIA DEPARTMENT OF LABOR AND INDUSTRY, DIVISION OF REGISTERED APPRENTICESHIP

Did you know that you can achieve a journeyworker's card in the field of Child Care? Registered Apprenticeship is a training system combining on-the-job training with child care related instruction. Many child care providers in Virginia are exploring this option as a way to enhance the training of current staff and bringing new employees into the profession. Depending on each individual's circumstances, scholarship funding for some of the required coursework may be available through the Virginia Child Care Provider Scholarship Program. Additionally, many of the classes in this catalog are already approved for credit toward an apprenticeship completion certificate. For more information about Registered Apprenticeship, contact this agency by email at: <a href="mailto:apprenticeship@doli.virginia.gov">apprenticeship@doli.virginia.gov</a>, call (804) 786-2382, or visit the agency Web site at <a href="mailto:www.doli.virginia.gov">www.doli.virginia.gov</a>.

## **ADDITIONAL TRAINING RESOURCES**

## VIRGINIA CHILD CARE RESOURCE AND REFERRAL NETWORK (VACCRRN)

VACCRRN, a statewide network, promotes the positive development of all children. VACCRRN network members are local child care resource and referral (CCR&R) agencies that provide services to families, early childhood professionals, and communities. Each VACCRRN agency provides information for consumers on how to select child care and maintains a regional database of providers that links families with child care options.

CCR&R agencies help child care providers maintain and improve quality of care by offering technical assistance and training in their local communities. Many member agencies have lending libraries for toys, equipment, and resources to enhance learning opportunities. Training sessions are scheduled by each member agency to meet the needs of their local providers and are offered via distance learning, as well as individual and group class sessions. In addition to their own training, VACCRRN member agencies provide access to curricula, such as ZERO TO THREE's Partnering with Parents: Preventing Child Abuse and Neglect, and The Center on Social and Emotional Foundations for Early Learning's Promoting Social and Emotional Competence\*.

## **VACCRRN** training topics include:

Partnering with Parents:

Preventing Child Abuse and Neglect

- Building Collaborative Relationships
- Early Brain Development
- Social-Emotional Development
- Understanding Temperament
- The Influence of Culture
- Understanding and Responding to Abuse
- Responses to Troubled Parents
- Challenging Behaviors

Promoting Social and Emotional Competence

- Promoting Children's Success
- Social Emotional Teaching Strategies
- Individualized Intensive Interventions
- Leadership Strategies

Scheduled training opportunities are listed on the VDSS TIPS Calendar. To find the VACCRRN agency serving your community, contact VACCRRN at 1-866-KIDS-TLC (1-866-543-7852), or visit the Web site at: <u>www.vaccrrn.org</u>.

## \* Note:

Continuing Education Units (CEUs) are available for this training when completed through a VACCRRN member agency.

## **SQUARE ONE**

Square One offers prevention and early intervention (PEI) courses for child care providers/early childhood educators, home visitors, and parents. Training sessions will be held from either 9 a.m. – 4 p.m. or



9 a.m. – 12 noon at various locations in Hampton Roads and in other parts of the state on a contract basis. An audio/web conference series of 1 hour training sessions will also be offered. Participants will receive an in-service training certificate upon completion of a course or audio/web conference. Visit the Square One Web site at <a href="https://www.SqOne.org">www.SqOne.org</a> to view the class calendar and follow registration/payment procedures. For more information or to sign up for a newsletter, contact Square One at <a href="mailto:info@sqone.org">info@sqone.org</a> or call (757) 552-0293.

## Some of the courses offered include:

Parent/Child Interaction

Dynamics/Indicators of Child Abuse & Neglect Infant Care/Development/Health (0-12 mo.) Infant Care/Development/Health (13-36 mo.) Infant Care/Development/Health (37 mo.- 5 yr.) Growing a Brain

Language Development/Emerging Literacy Working with Resistant Parents

**Supervision Skills** 

Pediatric Overweight

Mental Health

Advanced Brain Development

Advanced Supervision Skills

## OTHER RESOURCES

## VIRGINIA SMALL BUSINESS FINANCING AUTHORITY -CHILD CARE FINANCING PROGRAM

If you are a **regulated** child care provider, you may be eligible to apply for a low-interest rate loan through the Virginia Small Business Financing Authority's Child Care Financing Program. Loan proceeds can be used to meet or maintain child care standards or to make quality enhancements to a child care program (e.g., playground equipment, infant care equipment, necessary renovations or repairs to comply with Department of Social Services health and safety standards, buses for transporting children, and education materials). Financing for this program is provided by VDSS through Child Care and Development Block Grant funds. For more information, including application materials, eligibility requirements, etc., visit the Virginia Department of Business Assistance Web site at: www.dba.virginia.gov, click on Financing A Business, or call 1-866-248-8814.



The <u>1-2-3 READ!</u> storybook-based curriculum is a research-based early literacy curriculum developed by Child Development Resources that has been proven to result in children, birth to age 3 years, achieving significant, measurable gains in their language and cognitive development. 1-2-3 READ! is designed to build emergent literacy in infants and toddlers through a carefully planned set of experiences that lay the foundation for reading and writing success.

The 1-2-3 READ! Virginia Early Literacy Training is an interactive, practical two-day training designed for you if you work with infants and toddlers in a group setting.

## During this training, you will learn . . .

- Strategies for expanding children's language through story telling and one-on-one conversations,
- How to select and use books and print materials with infants and toddlers,
- How to infuse literacy activities within a child's daily routines.
- How to use story props to engage infants and toddlers in early literacy experiences,
- Strategies for involving families in literacy activities, and MUCH MORE!!!

## Upon completion of the full 12 hours of training, YOU WILL RECEIVE . . .

- · A certificate of attendance that can be used toward continuing training credit hours required by the VDSS
- An opportunity to apply for 1.2 Continuing Education Units (ČEUs) at no additional cost

## Upon completion of the full 12 hours of training, YOUR PROGRAM WILL RECEIVE . . .

- A complete set of five 1-2-3 READ! curriculum modules and accompanying children's books
- A sample take-home bag to help involve parents in literacy activities with their children at home
- An opportunity to apply for follow-up on-site coaching and additional literacy materials

TIME: 8:30 A.M. – 4:00 P.M. on two consecutive Saturdays (see registration form for dates and locations)

COST: \$25.00 per person – MasterCard, Visa, Check or Money Order payable to Child Development Resources

The \$25 non-refundable fee is required to reserve your space at the training. No refunds, only substitutions. Each registered participant must attend both days of the training.

FAX: (757) 566-8710 or MAIL: 1-2-3 READ!, P.O. Box 280, Norge, VA 23127-0280

REGISTRATION FORM Registration is limited to two infant and/or toddler staff per program site					
Participant 1 Name: Participant 2 Name:  Participant 1 Title: Participant 2 Title:  Your Program Name:  Program type:					
City:					
Choose one set of training dates/location PAYMENT METHOD					
February 28 & March 7, 2009  Chesapeake Danville Fredericksburg Manassas Mechanicsville	March 21 & 28, 2009 Arlington Blacksburg Harrisonburg Richmond Newport News	MC/Visa #:	_ Check/MO Date:		

## Registration and payment must be received two weeks prior to training

For more information on 1-2-3 READ! Virginia contact Lisa McKean at (757) 566-2840 or *lisam@cdr.org* 

1-2-3 READ! Virginia is a program of Child Development Resources (CDR), <a href="https://www.cdr.org">www.cdr.org</a> and is supported by the Virginia Department of Social Services (VDSS) grant no. 93.575, with funds made available to Virginia from the U.S. Department of Health and Human Services

Services provided by Child Development Resources are available without regard to race, color, religion, national origin, gender or disability.

VIRGINIA DEPARTMENT OF SOCIAL SERVICES Office of Early Childhood Development

> 7 North Eighth Street Richmond, Virginia 23219-3301

www.dss.virginia.gov/redirect/?83